

# INFOS VALLÉE

## SATURDAY 20 AUGUST

### SAINT MARTIN DE BELLEVILLE

14.00 **BOULES TOURNAMENT** La Voûte restaurant

### LES MENUIRES

09.15 **BABY SWIMMERS** Sports Centre

10.15 **AQUAGYM** Sports Centre

10.15 **AQUABIKE** Aquafun & Wellness Centre

18.00 **MUSCLE BUILDING** Sports Centre

## SUNDAY 21 AUGUST

### SAINT MARTIN DE BELLEVILLE

18.00 **VILLAGE PRESENTATION** in front of the church

### LES MENUIRES

10.15 **AQUAGYM** Sports Centre

10.15 **AQUAGYM** Aquafun & Wellness Centre

From 10.30 **PLAN DE L'EAU FETE** Les Bruyères

14.00 **MOUNTAIN WALK WITH THE VALLEY GUIDES**

14.00 **BOULES TOURNAMENT** La Croisette

18.00 **STRETCHING** Sports Centre

20.00 **ADULT SWIMMING** Sports Centre

## MONDAY 22 AUGUST

### SAINT MARTIN DE BELLEVILLE

10.00 **ARCHERY** Grangeraies

### LES MENUIRES

09.15 & 10.15 **AQUAGYM** Sports Centre

10.00 **THE DAHU TREASURE HUNT** Plan de l'Eau

10.00 **MUSCLE BUILDING** Sports Centre

10.15 **AQUABIKE** Aquafun & Wellness Centre

11.00 **ZUMBA** Sports Centre

14.00 **MOUNTAIN WALK WITH THE VALLEY GUIDES**

14.30 **BOULES TOURNAMENT** Les Bruyères

16.30 **LIA (BEGINNERS)** Sports Centre

18.00 **BODY SCULPT** Sports Centre

20.00 **AQUA TONIC WITH FLIPPERS** Sports Centre

Around 21.30 **FIRECAMP** Chez Pépé Nicolas

## TUESDAY 23 AUGUST

### SAINT MARTIN DE BELLEVILLE

10.00 **TOUT'AZIMUT** Le Cochet car park

18.00 **FILM: «TOUT EST PERMIS»** Village Hall

From 19.30 **WINE TASTING EVENING**

La Bouitte\*\*\* restaurant, Saint Marcel

### LES MENUIRES

09.15 & 10.15 **AQUAGYM** Sports Centre

10.00 **SOFT GYM** Sports Centre

10.15 **AQUAGYM** Aquafun & Wellness Centre

11.00 **THIGHS, TUMS & BUMS** Sports Centre

14.00 **MOUNTAIN WALK WITH THE VALLEY GUIDES**

16.30 **STRETCHING** Sports Centre

18.00 **ZUMBA** Sports Centre

20.00 **AQUAGYM** Sports Centre

20.30 **LIVE SHOW WITH BRUNO AND VALERIE**

Les Bruyères

Around 21.30 **DISCOVER THE ANIMALS BY NIGHT** Chez Pépé Nicolas

## WEDNESDAY 24 AUGUST

### SAINT MARTIN DE BELLEVILLE

10.00 **ARCHERY** Grangeraies

10.00 & 11.00 **DISCOVER THE BURDIN MILL**

15.00 **GUIDED TOUR: THE BAROQUE HERITAGE**

Notre Dame de la Vie

### LES MENUIRES

08.00 **MOUNTAIN WALK WITH THE VALLEY GUIDES**

From 09.00 **LOCAL MARKET** La Croisette

09.15 & 10.15 **AQUAGYM** Sports Centre

10.00 **MUSCLE BUILDING** Sports Centre

10.15 **AQUABIKE** Aquafun & Wellness Centre

11.00 **STRETCHING** Sports Centre

14.00 **BOULES TOURNAMENT** La Croisette

16.30 **CIRCUIT TRAINING** Sports Centre

18.00 **LIA (HIGH LEVEL)** Sports Centre

18.00 **SQUASH TOURNAMENT** Sports Centre

20.00 **ADULT SWIMMING** Sports Centre

## THURSDAY 25 AUGUST

### SAINT MARTIN DE BELLEVILLE

10.00 **GUIDED TOUR** Museum

### LES MENUIRES

09.15 & 10.15 **AQUAGYM** Sports Centre

10.00 **MUSCLE TRAINING** Sports Centre

10.15 **AQUAGYM** Aquafun & Wellness Centre

11.00 **ORIENTAL DANCE** Sports Centre

14.00 **MOUNTAIN WALK WITH THE VALLEY GUIDES**

16.30 **TAF** Sports Centre

17.30 **POKER GAME TOURNAMENT** Le Challenge bar,

La Croisette

18.00 **ZUMBA** Sports Centre

18.00 **TABLE TENNIS TOURNAMENT** Sports Centre

19.00 **ARCHERY TOURNAMENT** La Croisette

20.00 **AQUA TONIC** Sports Centre

21.00 **LIVE SHOW WITH BRUNO AND VALERIE** Les

Bruyères

Around 21.30 **FIREWORKS** Chez Pépé Nicolas

## FRIDAY 26 AUGUST

### SAINT MARTIN DE BELLEVILLE

10.00 **TALE: «CLARINE, THE LITTLE COW» (IN FRENCH)** Saint Martin Museum

### LES MENUIRES

From 09.00 **LOCAL MARKET** La Croisette

09.15 & 10.15 **AQUAGYM** Sports Centre

10.00 **ZUMBA** Sports Centre

10.15 **AQUABIKE** Aquafun & Wellness Centre

11.00 **STRETCHING** Sports Centre

14.00 **MOUNTAIN WALK WITH THE VALLEY GUIDES**

16.30 **THIGHS, TUMS & BUMS** Sports Centre

18.00 **BODY PUMP** Sports Centre

20.00 **ADULT SWIMMING** Sports Centre